Collaborating Across the Philly Food System

Philadelphia Food Policy Advisory Council



Sign-in Instructions (pick one)

A. For those with access to the chat via the zoom app/platform, change username to First and Last name and add your pronouns

Instructions: hover mouse over your video tile then click button with 3 dots

Example: Octavia Butler (she/her)

- B. For those calling in without access to the chat, we will set aside time for you all to introduce yourselves
- C. For tech support: 518-573-7875 (call or text) or zachary.greene@phila.gov



Zoom Tips

- Calling in from your phone may be better for audio quality.
- Everyone should be on mute because we're trying to limit unnecessary sounds and folks talking over each other. Due to this, we'll show you how to:
 - Use the "chat" function
 - Raising your "hand"
- We'll be using the "breakout room" feature in a bit. You will all be broken out <u>automatically</u> into randomized groups

Welcome!



Intro to FPAC

The **Philadelphia Food Policy Advisory Council**

connects Philadelphians and our local government to create a more just food system—where all people have the power to access, own and control our food, land and labor.

FPAC has 31 appointed members and 6 subcommittees. All meetings are open to the public.

Subcommittees:

- Anti-Hunger
- Food & Health
- Good Food Procurement
- <u>Urban Agriculture</u>
- Workforce & Economic Development
- Zero Waste

WE ARE



EACH OTHER'S HARVEST;

WE ARE

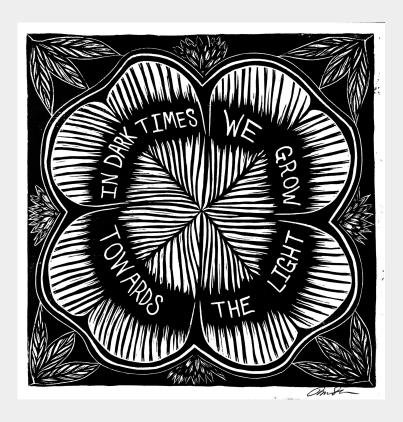
EACH OTHER'S BUSINESS;

WE ARE

EACH OTHER'S MAGNITUDE AND BOND.

GWENDOLYN BROOKS.

Co-facilitators



Calvin Okunoye
FPAC Co-Chair
calvin@rocunited.org

Kristin Schwab
FPAC Interim Manager
kristin.schwab@phila.gov

Support team (here to make this work for us all)



Zach Greene (tech support from 3 - 4PM)

Chat

Text or call 518-573-7875

Ciara Williams (host/tech support)

Chat

Matina Granieri and Molly Riordan (live note-taking)

Housekeeping

- Everyone is muted, we will unmute during conversation moments
- Resources, notes, and contact info for participations will be available at the end of the call
 - Email <u>matina.granieri@phila.gov</u> if you do not want your contact info shared



Goals

MONEY IS A CONSTRUCT;

IT'S ONLY EFFECTIVE BECAUSE WE BELIEVE IT HAS VALUE.

BY BELIEVING, WE GIVE POWER TO THE WEALTHY, AND

CONTRIBUTE TO OUR OWN OPPRESSION.

IT'S TIME TO FOCUS ON BUILDING OUR OWN POWER,

AND FIND SOMETHING REAL TO BELIEVE IN.



COMMUNITY | SOLIDARITY | MUTUAL AID

- Connect with one another and increase collaboration
- Share how we are working across the food system to respond to COVID-19
- Work towards long-term radical (gets to the root) change

What we will / might / and won't cover

Will

- Share ideas across the food system
- Plant seeds for collaboration

Might

- Cook up ideas for cross-sector collaboration
- Identify needs we have from City government

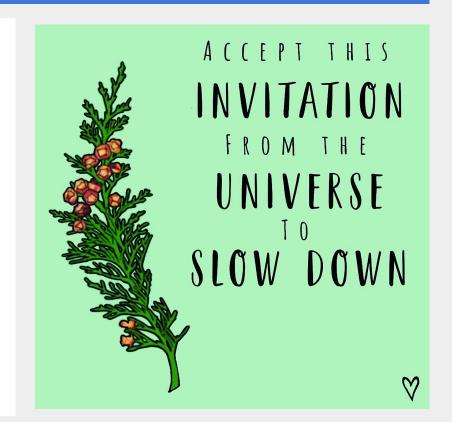
Won't (this time)

- Offer interpretation in languages other than English
- Craft policy recommendations



Agenda (times may change as we navigate zoom)

- Welcome, goals, and community agreements
- Updates from across the food system
- Small group conversations
- Share out from small group conversations
- Wrap-up and share resources



FPAC Community Agreements

★ Value + affirm people's lived experience + identity

★ Use this space for your own learning + advancement

★ Move up, move up (into listening and sharing)

COMMUNITY AGREEMENTS

- · VOICE YOUR NEEDS
- · LISTEN FOR UNDERSTANDING, NOT RESPONSE
- · NOTICE INTENT, OWN YOUR IMPACT
- · THINK BEFORE YOU SPEAK
- · Take Care of Yourself + OTHERS
- · VALUE + AFFIRM PEOPLE'S LIVED EXPERIENCE + IDENTITY
- · USE THIS SPACE FOR YOUR OWN LEARNING + ADVANCEMENT
- · MAKE SPACE FOR PEOPLE to be their FULL SELVES
- · RESPECT CONFIDENTIALITY
- · STEP UP, + STEP BACK
- · ALLOW ROOM FOR GROWTH WITHIN OURSELVES + FPAC

Updates (30 minutes)

2 minutes each

Selection Criteria:

- Voiced interested in pre-meeting survey
- Represent multiple parts of our food system
- Represents grassroots, non-profit, and government
- FPAC members + nonmembers



Natalia Nicastro

Coalition for Restaurant Safety and Health

We are a coalition of restaurant workers, advocacy and government groups in Philadelphia who recognize that more needs to be done to prevent sexual harassment in our workplaces.

Resources

Flyer and graphics available in Google Drive

SUPPORT LOCAL SMALL BUSINESS ADVOCACY CAMPAIGN

Join Puentes de Salud, Philatinos Radio, the Coalition for Restaurant Safety and Health and Juntos in a multi-phase campaign to build support and relief for local Latinx immigrant owned business.

We are forming a support network which will specifically work to address the issues and needs faced by individual business owners and launch a large-scale social media campaign advocating and uplifting their work.

Sign up to support here: https://bit.ly/2WNmJ7B





Food Service Worker Webinar Our Rights & COVID-19

Friday April 3rd, 12 noon - 1 pm

Join us on Zoom to get answers to pressing questions for Philly service workers right now:

- Paid Sick Leave
- Unemployment
- Relief Bill
- Protections for Essential Workers

Discussion led by Community Legal Services attorneys, community leaders, and workers

REGISTER HERE: shorturl.at/bhzJQ

Zoom Link: https://us04web.zoom.us/j/946625612



Molly Riordan

Connecting Offers and Needs:

- Easy-to-use tool to connect people who <u>need</u> resources with people who <u>can offer</u> them
- Food, supplies, volunteer labor, technical assistance, etc.

How to join:

- Fill out the <u>Need</u> or <u>Can Offer</u> form with your request or offer
- Review the resource sheets at the <u>FPAC</u> website homepage to find connections
- Connect directly to support COVID-19 food relief efforts



Valerie Erwin

St Christopher's Foundation for Children

 operates a CSA type food access program where participants can buy organic produce at a reduced price.

NEXT STEPS: We have applied for additional funding that will allow us to lower or eliminate the cost, and to widen the variety of products that we offer

How others can support:

Our delivery sites are in healthcare settings and we are therefore experiencing reduced access. We are looking for additional appropriate partners to host the programs with us



Amara O'Connell

- Where to find free, nutritious food during
 COVID-19: over 80 sites giving free meals to
 children and households. Information on where to
 find distribution sites can be found here and on
 this interactive map
- Volunteer Services: Organizations that are looking for additional volunteers to continue their services, please fill out the following form and contact volunteer@phila.gov
- General Food Assistance: updating meal sites/pantry sites, people looking for food assistance can call the WHY Hunger Hotline at 1-800-5-HUNGRY
- Join our weekly Anti-Hunger Call for COVID-19 every Wed from 2pm-3pm. Email amara.oconnell@phila.gov for invitee details.

- Free Meal Sites (geared towards individuals experiencing homelessness): currently working on updating a Free Meals Flyer (draft in resources folder) advertising sites that are continuing to serve during COVID-19 epidemic.
- Our Meal Provision Guidelines:
 Questions/Comments, please contact catherine.dockhorn@phila.gov
 - Practice social distancing with clients, staff, and volunteers 6 feet apart at all times.
 - Review and complete the <u>Outdoor Public</u>
 <u>Serving Food Safety Permit</u> application.
 - Prepare "grab and go" meals.
 - Have hand sanitizer and/or temporary hand washing stations.
 - Ensure all water is properly disposed of

Catherine Bartoli

Neighborhood-based Covid-19 Response:

- As Block Captain and concerned resident (with info from <u>PDPH</u>, City services, etc.), sharing information with local businesses and learning language needs
- Flyering among neighbors with contact information and resource connections
- Text/call chain among our neighbors to spread information to one another (<u>Philly Mutual Aid</u>, <u>food</u> <u>sites</u>, food delivery options). This was set up through initial Block Captain outreach and then through on-going flyering

IN PROGRESS: We are working to move one of our neighborhood grocery stores towards an online ordering option to reduce the store's foot traffic.

What others can do:

- Share resources in your neighborhood.
- Create a text/call chain to connect folks.
- In terms of food sites, along with a link to general information, share the closest locations for food access.
 (This could be done through a small flyer.)
- Get to know what's already happening in your area. Tap into your local community-based orgs/CDC/Civic Association/Block Captain networks. They are already well-connected and can push information out.
- Talk to local business owners to find out what may be useful to them. I learned my grocery store manager is in need of food resources. He is now on our text/call chain.

If you are in our part of S. Philly (East of Broad St, West of Moyamensing, just north of Snyder Ave.) and want to help out, let me know!

EXAMPLE: One of my neighbors is using her brick wall as a place to advertise school meal sites and it's written in both English and Spanish with relevant scheduling information.

Megha Kulshreshtha

COVID-19 Prevention Training for Hunger Relief Efforts

- We are offering COVID19 prevention and safety training for all on the ground personnel.
 It is free of cost to anyone that wants to use it.
 The training takes less than 10 minutes to complete.
- If you have a larger operation or would like to brand the training per your organization, please email megha@foodconnectgroup.com to get the course copy for your branding.

Food Connect is consolidating food recovery efforts on the logistics side so that food suppliers can quickly go to one place to schedule their distribution needs as they are quickly changing due to COVID19. We all have formed the Philadelphia Food Distribution Alliance. Any organization with a food distribution need can fill out the **Distribution Request Form** and our teams are coordinating the effort on the back end to assign distribution based on availability, core strengths, and efficient routing.

How others can support/join?

Please spread the word that anyone with food distribution needs for hunger relief efforts can fill out the following form: Distribution Request
Form

Maria Campbell

Organizations/Relief Funds:

- Petition to <u>Save Philly Restaurants</u> from Economic Devastation of COVID-19. Represents 150+ Businesses
- ROC United Restaurant Opportunities Center <u>Roc Relief</u>
- <u>US Chamber of Commerce</u> Small Business Resources
- <u>Bartender Emergency Assistance</u>: Grant applications reviewed on the 15th/each mo (BEAP)
- <u>Restaurant After Hours.org</u> Advocates for mental health awareness for those in the industry sharing messages of hope and support. <u>Resource List</u>
- In The Rooms: Online virtual sessions for addiction recovery and meetings



Food Industry Coronavirus Collaboration - Living Library

 Here is the link to our growing master document to support restaurant employers and employees in Philadelphia and nationwide. It was mentioned on the James Beard Foundation as a living document.

Supporting Local Fitness/Nutrition Businesses:

- <u>F45 Bala Cynwyd</u> personal training fitness tips:
- Zakti Fitness: Offering Virtual Classes, working on body architecture and specializing in pain recovery specialized trainers are available for virtual one-on-ones. Click here for Current Group Schedule and use this Code: 1freevirtual
- On Point Nutrition: <u>Managing Stress &</u>
 <u>Anxiety from CWC Wellness Ambassador:</u>

 Alanna Gardner

Amy Goldstein

Nutrition Manager at Philadelphia
Corporation for Aging
Contact me if you have any questions:
Amy.Goldstein@pcacares.org

Home-delivered meals

- Consumers continue to get their regularly scheduled deliveries from PCA using limited contact protocols
- Call the PCA Helpline to inquire about these meals: 215-765-9040
 - Assessments are being arranged for new consumers

Senior centers:

- Meal sites are offering grab and go meals for pick-up. Some centers are arranging home-delivery through the center.
- Check <u>here</u> for the list of senior centers that are providing meals
 - Be sure to view the linked list on the top of that page with is being updated with new info
- Call the center in advance to ensure days/hours of operation, to order pick-up meals or to inquire about availability of delivery.
- Meals are free to older adults over 60
- Seniors do not need to have previously attended the center before
- CSFP boxes from Share/Philabundance will also be available through the senior centers.

Ash Richards

- Urban Agriculture Director for Philadelphia Parks & Recreation
- Guidelines for gardens and farmers markets: they are ESSENTIAL!
 - PA designated markets, but gardens are a grey area, but the City is allowing it
 - Caveat: follow stringent health and safety guidelines
 - Scheduling, disinfectant spray, etc.
 - The Food Trust and Farm to City assisting with guidelines for farmers markets
 - Garden or market we will send you the guidelines
 - Emergency (no gardening or farming) we want to be able to contact you.
- Urban Ag Plan: public meetings postponed physically, but developing an online platform for people to continue to plan.
 - Suggestions or needs (language access, tech divide) we want to reach them.
 - o <u>ashley.richards@phila.gov</u> send ideas to Ash here.
 - Team of folks working on emergency needs for gardeners, are looking to approach funders to provide assistance.
 - Taskforce to talk on these things forthcoming.
- Thanks Ash!

Tell us more!

We welcome two more updates from participants of color who are doing grassroots work in their communities or in parts of the food system not mentioned.

- 1. Someone by phone
- Someone in the chat, please "raise your hand" in the chat and we will unmute you.

Anyone interested in sharing who is unable to do so at this time, hang tight, we have an opportunity momentarily.

Se Kwon

- Se Kwon 3 funding sources:
 - City Small Business Relief (5k for small biz)
 - State Covid Relief Fund
 - Federal US SBA emergency loans up to 10k

Open floor for updates

- Take two minutes to either put your one line update in the chat or (if you are unable to chat) email it to matina.granieri@phila.gov, and we will add to the notes.
- Make it specific! Name the organization/group, the location, anything that will help others to understand and make connections.

Update by Zoom

- Avetorri: Sanctuary Farm Phila is offering free produce in Sharswood Tues and Thursdays 10-2, Sanctuary Farm stand is at 22nd and Cecil B. Moore
- Kim Jordan: There's a new nation-wide push to get more people growing food. People can up to share or receive resources at www.coopgardens.org
- Coralee McNee: Working with Sew Face Masks Philadelphia to get community made fabric face masks to essential workers - if you are looking to get masks for your team here's the link https://www.sewfacemasksphilly.com/request-masks
- Deb Bentzel: I'm compiling grant and loan opportunities for mid-tier supply chain players (ag-related businesses like food hubs, small distributors, etc) and am happy to share some findings.
- Mary Beth Hays: Temple Lewis Katz School of Medicine Center for Urban Bioethics is making food deliveries to individuals in the North Philadelphia area identified by physicians, community partners and school principals.
 Deliveries occur on T, TH and FR for individuals and families in need.
- Bridget Polombo: The Food Trust is also assisting small businesses to apply for relief funds (Eng. & Spanish speakers) and providing TA to stores, trying to understand what concerns/needs they have so we can share with funders. We launced a Facebook group for corner stores to connect and access info. and resources.
- Ebony Griffin: The Law Center is working with other UA advocates and growers to turn groundedinphilly.org into an UA Covid Response page - The Law Center is also helping out gardens with expiring lease terms figure out what to do in the interim

Update by Zoom

- Kamaryn Norris: https://communityresourceconnects.org/
- Alex Evenson: Philabundance is getting lots of inquiries from people who are homebound and need food delivered and we do not provide this service. Any resources I can recommend to people is greatly appreciated! aevenson@philabundance.org
- Megha Kulshreshtha If you want to donate surplus food, donate supplies, or need help with extra food distribution, visit our website: http://www.foodconnectgroup.com/covid19.html or fill out this distribution request form
- Suzanna Urminska Lots of free digital resources and services available at <u>www.freelibrary.org</u> using your Free Library card: including magazines, books etc
- Maya Curtis The neighborhood Gardens Trust has been working with PHS, Parks and Rec and the Public Interest
 Law Center to put together guidelines for gardening during COVID-19. We've sent this information to all NGT
 gardens and will be sharing it in a newsletter tomorrow afternoon. We've also been sharing the collaborative google
 doc started by Ebony
 - https://docs.google.com/document/d/1Xn9EyrNnqYIDJR3fP9t0LfxEkEE4VDjlds1ITnmlGkk/edit?usp=sharing
- Rachel S: We talked about access to fresh produce, I wonder if someone has a get a box, give a box program going
 for some of the farm box deliveries that are being offered right now (e.g. Giordano's, green meadow)?

Breakout Session Framing

At FPAC we believe racism and oppression are at the roots of the food problems we seek to address

So, in our breakout sessions, we are going to focus on how to **meet immediate needs** presented by the COVID-19 pandemic while we **get to the root**.

"The food system is unjust and unsustainable but it is not broken—it functions precisely as the capitalist food system has always worked; concentrating power in the hands of a privileged minority and passing off the social and environmental "externalities" disproportionately on to racially stigmatized groups." - Food—Systems—Racism: From Mistreatment to Transformation by Eric Holt-Giménez and Breeze Harper (shared at last month's FPAC meeting)

Breakout Session Instructions

- For the next 30 min, we are going to use small breakout conversations to meet together randomly from across the food system to respond to the following prompts about our food-related COVID-19 responses
 - We are/can get to the root by...
 - We are/can collaborate across the food system by...
 - We are/can plant seeds for a more just PHL by...
- Commit to solutions, get creative, put problems we can't get to aside in the garden (slide 2).
- You each bring a mix of experience and wisdom across the food system. Only your exact group of people can create the convo you're about to have. Find that convo and have it.
 - That might mean you discuss one, two, or all of the prompts

Breakout Session Tips

- Each group will have a moderator who will introduce themselves and lead the discussion
- The moderator will scribe in our Google slide deck
 - Slide 1: prompts
 - Slide 2: garden and shareout
- Please stay on mute when not speaking. Practice "move up, move up"
 - Aim for each person to speak once before someone speaks twice
- We'll reconvene as a full group afterwards and moderators will report out
 - Use your last 5-10 min to decide the 1-2 line summary you want to share (put it on slide 2)
- Return to main lobby for tech support at any time! (click "leave breakout")

Breakout Session #1 - Se Kwon/Julianne

- We are/can get to the root by...
 - We are/can collaborate across the food system by...
 - We are/can plant seeds for a more just PHL by...
 - All doing that collectively; looks difft for each org
 - Rachel: Health Promotion Councils; standstill b/c of place based education at adult centers, grocery stores, food pantries, snr centers; all sites are difft; be as collab as we can; share info as much as possible; educators can't do programming as of now; brainstorming ways of what edu looks like; ensuring coms are still receiving edu; know how to be safe/healthy at this time
 - Se Kwon: Comcast: Zero waste goal; universal theme parks too; donate food from theme parks; hectic logistically what are they doing with food Comcast: Zero waste goal; universal theme parks too; donate food from theme parks; hectic logistically; how we can help out with excess food in the future too; communication is a big challenge: helping families understand what resources are available to help with access resources that are available for them; how can we access to all demographics; small business owners employing 100s of ppl get access to these resources; Megha will put together 1 page document/post on website; easy for ppl to do or instructional video to fill out the form.
 - Oluwa Sankofa Farm; literacy educator: what does education look like right now? School teachers working in district; lots of students at home w their families; intergen learning opps but for others home is very toxic place to be right now; what does learning look like? How can food be vehicle for critical consciousness? How to stay healthy; uprooting everything that is wrong with edu systems now Share resources, updating our resource guides
 - Food Connect: balance being safe more sites/accessibility vs safely; free training for everyone for on the ground personnel; id needs collab with other distribution networks and not overlapping efforts; being extremely efficient about routing; requests tacked in streamlined way that make sense; so many orgs step up; still have concerns around we're in te beginning stages and want to sound the horn to be as careful as we can; reason why this is called a pandemic- balancing the two

Breakout Session #1 - Se Kwon/Julianne

Garden of Ideas/Questions/Problems for another time:

1-2 sentence summary:

Pivoting our work and connecting with constituents in new reality, what education will look like. Balancing being helpful with being safe to not overwhelm health system.

Breakout Session #2 - Nidhi

- We are/can get to the root by...
 - Food systems be government incentivized restaurants, farmers, stores can sell for less making food more accessible
 - Traditional power structures have been called into question essential food workers have been undervalued capture the stories
 of the workers who have been working in this crisis and putting themselves at risk, when the crisis ends these issues should be
 continued to work on and not lost and we should not forget them
 - Push for living minimum wage and universal health care pandemic has made it clear how important essential food workers are and the fallout would be reduced if we had livable wages
- We are/can collaborate across the food system by...
 - o FPAC
 - o Cooperatives to allow businesses to provide health insurance collectives provide a buffer, sharing risk
 - Victory Gardens for COVID-19 knowledge sharing, capacity building, technical assistance, learning circles for community gardens - Growers Exchange in VA
 - Cloud 9 rooftop farm supports community gardens, producing at scale calorie and nutrient-dense foods, creating online content,
 container gardening, mental health benefits of gardening
 - America Farmlands Trust for resources
- We are/can plant seeds for a more just PHL by
 - Raising awareness/education of the challenges people face at all levels communal eating
 - Education for nutrition and cooking

Breakout Session #2 - Nidhi

Garden of Ideas/Questions/Problems for another time:

1-2 sentence summary: Public sector incentives to make food more accessible. Valuing and appreciating essential workers and businesses through broader systemic changes like living minimum wage and universal health care. Cooperatives for food businesses to help them share risk. Victory Gardens for COVID 19 and sharing of knowledge and resources to support them. Awareness and education to generate empathy for others and the challenges they face and teaching people to be able to cook for themselves.

Breakout Session #3 - Kamaryn

- We are/can get to the root by...
 - Addressing poverty
 - Coalition to Respect Every Worker (CREW)
 - Working w/ Councilmember Brooks, to expand paid sick days (14 days in response to this emergency)
 - Addressing mental health issues
 - There is an overlap in populations of who face mental health issues and food insecurity
- We are/can collaborate across the food system by...
 - We don't think enough about farmers, and how they're expected to work. We don't hink, as an urban location, are they protected and do they have everything they need to do their jobs
 - People are learning more about where their food is from, at urban gardens, kids start at gardens, then bringing their families. With COVID19, they're talking about people starting gardens in their yards, and we kind of want to move forward that
 - Looking at agriculture as an PERMANENT use of land, rather than temporary how the city thinks about. Ti will set in place
- We are/can plant seeds for a more just PHL by...
 - Focus on kids in the city
 - People who are food insecure, they don't have full time jobs,
 - o People feel intimidated by it,
 - Universally, & Philly needs to use this time to identify the gaps where they need to find more things, whether it's food insecurity, so
 hopefully we can collaborate, or at least have a plan for the future

Breakout Session #3 - Kamaryn

Garden of Ideas/Questions/Problems for another time:

1-2 sentence summary:

COVID-19 didn't create new problems, but revealed deep issues we've been facing with for a while. Starting with poverty, and thinking about our workers, especially food workers, as this situation is exposing the "essential" nature of their labor. Supporting these workers with paid sick leave, benefits, flexibility, etc. This situation is also showing the Insecurities or distance people feel with food, and as now more people are being forced to make their own meal, and potentially grow their own food, we want to use this time as an opportunity for that connection. In terms of collaborations, specifically with the city, having the city looking at agriculture as a permanent use of land, rather than temporary, which is how the city tends to think about it.

Breakout Session #4 - Radha

We are/can get to the root by...

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- We are/can collaborate across the food system by...
 - Joint applications for public benefits to minimize transportation, direct contact and resources required to apply
 - Utilizing the city-wide distribution of chromebooks to PSD students to share other information about resources and needs
 - Share experiences / successes around new program design (e.g. payment system for home delivery of CSA boxes to individuals)
- We are/can plant seeds for a more just PHL by...
 - Addressing the digital divide
 - Changing the language around social safety net; stigma associated with programs
 - Consider languages and cultures with terminology; physical distancing translates better than social distancing across cultures and languages

Notes:

- Social
- WIC can be used online
- Joint applications for unemployment and SNAP? And resources required for applications to the different support systems (especially now when we are limiting travel and direct contacts)
- o Digital divide: application processes (requirements for uploading documents, enrolment processes, utilizing SNAP benefits),
- o "Social" distance translation in other languages; using physical is more tangible
- Digital divide is a challenge within the school setting as well; protection is

Breakout Session #4 - Radha

Garden of Ideas/Questions/Problems for another time:

- Forthcoming analysis on legal barriers on utilization of SNAP online

1-2 sentence summary:

Digital Divide is affecting enrolment in SNAP (and other public benefits) as well as a safe utilization of the SNAP benefits (requires direct contact at point of purchase). There may be an opportunity to leverage the deployment of chrome books to children at PSD schools to safely distribute information about resources (and also internet safety). What can each do personally, in their own way.

Breakout Session #5 - Catherine

• We are/can get to the root by...

Communication and information sharing at at time where we are unable to gather. Ex. working with seniors, it's not helpful to use an app. Getting people information and how to use that information. People hearing information and the correct information. Where is the information coming from?

Asking our own clients and team members what the needs are. Using surveys and phone calls. Working with funders to listen to community-based needs.

Giving kids opportunity to grow and experience nature. Working towards growing urban staple crops - food security and job creation. Growing medicine (herbal medicine). Shifting processes to address healthcare needs -

- We are/can collaborate across the food system by...
- POP working across many types of sites. Hard to keep up with everything groups are doing and sharing. How can we consolidate resources in one place to create access across all areas. Accounting for digital divide issues and can participate.
 - We are/can plant seeds for a more just PHL by...
 Thinking of the City in "smaller bunches/areas". Many key places in a small area (e.g. Schools, Places of Worship, Grocery Stores).
 Making neighborhoods smaller, disseminating information in neighborhoods in a smaller, focused way. Create a space for individuals and families can go to get their needs met/concerns had.
 - Tailoring information towards each neighborhood's needs. Residents shouldn't have to voice that they have a need, but rather know where they can go to have their needs met.

Breakout Session #5 - Catherine

Garden of Ideas/Questions/Problems for another time:

How can we use the systems that were designed to support us to actually do so. Focusing on the most vulnerable populations and ensuring their needs are appropriately met.

Holding those in power accountable to community needs.

1-2 sentence summary:

Communicating resources out in a way that reaches everyone in an accessible manner.

Shrinking the city to account for the information that is relevant to community-based needs and concerns and tailoring resources towards them.

Breakout Session #6 - Bridget

- We are/can get to the root by...
 - Digital divide/outreach/inreach approaches: Everything is so internet based, even in report outs. And then everything gets
 posted online. Can we have some real time, hands on approaches to reach people? How do we expect people who are homeless
 or without internet to find things?
 - Meal sites, how are we getting the word out to everyone? Can we be sharing info. where people are already congregating or accessing services (e.g., congregations, block captains, essential services).
 - **Unemployment compensation:** There's so much info out there but it's all online and forms are all in English. Ensuring Hazard payment for frontline work
 - o How are we letting people know what their nearest feeding spot is if it isn't there school?
 - Mixing seniors with kids has come up. (aka mixing of immunocompromised with immune-strong) Ex. Can seniors over age 65 go to a school to access meals/food?
 - Quality/Nutrition of Meals Distributed: Families getting heat and serve meals at pick up sites They are shelf stable but they
 are not great. They don't look or taste good, not sure how nutritious they are either. What is being done to make sure everyone is
 getting fresh produce. Rules at some sites don't allow adults/parents to get meals so they are watching their children eat.
 - Privilege of safety and quality food access amid COVID: Those with limited/no personal vehicle who depend on public transportation or must travel to get groceries/meals are put more at risk. This is disproportionately those with low-/no income and people of color in our city. People dependent on SNAP or other incentives have to wait until benefits are disbursed to access food and grocery stores are depleted when they finally get to go shopping; SNAP recipients don't have the luxury of shopping online/getting delivery More on next slide....

Breakout Session #6 - Bridget

Garden of Ideas/Questions/Problems for another time: CONTINUED FROM PREVIOUS SLIDE

- We are/can collaborate across the food system by...
 - **Robocalls!** Utilizing platforms that we already have in place that we know reach our most vulnerable. Schools do a lot of communications through robocalling, families/parents are already used to them.
 - How are we rallying block captains to activate them to get the word out about resources. Cherelle Parker, for example, has done
 mailers with packets to 400+ BCs in their district.; Is anyone doing mailers for food access pick up sites.
 - Is **Philabundance** and the **School District** communicating to improve quality of food distributed and that it reaches everyone, not just children and seniors but all those in between.
 - St. Christopher's Farm to Families also trying to expand to serve this need
- We are/can plant seeds for a more just PHL by...
 - **Eliminating and prohibiting racialized media:** There is a lot of reporting out of COVID behavior across the city. In Philly on the news, for example, there has been extreme and tacky racializing of people congregating. (ex. Black community at a crab shop).
 - Making essential public spaces safe for those who don't have a choice but to travel to reach things they need: Other countries are sanitizing their transportation systems

1-2 sentence summary:

Risk and race is absolutely playing a role right now in the access of information (language, readability) and distribution of resources (car access, leaving home, safety place to get food). We can't depend on digital (online) platforms for reaching everyone not just during COVID but all the time, its racially and economically unjust. We can do better by leveraging some of our existing infrastructure/systems to make sure we aren't leaving anyone behind such as boots on the ground engagement and robocalls, not just in English.

Breakout Session #7 - Laura

- We are/can get to the root by...
 - o Issues are being amplified, not caused by COVID-19, which is showing what the root of the issue is
 - This crisis has shown the weakness/absence of a safety net and what peril that puts the society in at large. There's no plan for when people can't take care of themselves.
 - Neighborhood connectivity breaking the city into regions
 - Had stronger ties with other parts of the city than where I live so may not be the solution when there aren't local ties
 - Having people be able to use SNAP benefits for delivery (can do in USDA, but can't do in PA)
 - FMNP vouchers can't be used for CSA or food coops, but these could be easy ways to get food to underserved people
 - More SNAP dollars for people who are caring for others
- We are/can collaborate across the food system by...
 - Philly FoodWorks is expanding to additional counties to do deliveries, but last week had to stop accepting new customers.
 - Jonah could reach out to FoodWorks to find out if people who have cars could donate food
 - Food Everyone Deserves working on redistributing food in West Philadelphia focusing on Clark Park and Malcolm X
 - Advocate for Personal Protective Equipment for Food Workers or basic safety equipment (for restaurant workers and grocery store workers)
 - How are food workers/grocery store employees getting the right information about how to protect themselves. Could it be mandatory to provide training, equipment, to people in the food industry
 - Face coverings for food workers to help prevent the spread (for people who are asymptomatic).
- We are/can plant seeds for a more just PHL by...
 - Big gap that we don't have access to handwashing in a lot of situations. City is putting out mobile hand washing stations for people who are homeless. There are things we can do to make life easier and healthier
 - o Or should their be hand sanitizer more freely available?

Breakout Session #7 - Laura

Garden of Ideas/Questions/Problems for another time:

1-2 sentence summary: Everyone, especially food workers, need access to information, safety equipment (including face masks), a place to wash their hands, the time to wash their hands, and it needs to be a policy that these things will be available and enforced. Also, advocate for changes at the state level to change FMNP voucher program so that people can use it to buy CSA's or purchase from food coops and so SNAP recipients could use SNAP to pay for deliveries.

Breakout Session #8 - Dwayne

- Amara O' Connell, Dean, Suzanna Urminska, Molly Hartman & Dwayne Wharton
- Learn from the past (using a historical lens) and reimagine the future (using a justice & equity lens).
 - The City should make targeted and specific investments in communities that have historically been underinvested in
 - Expand Phila. Food Justice Initiative (democratizing, community & equity based)
 - Reimagine more inclusive public life democratizing access to city resources and opportunities.
- The City seems to be doing more collaboration around COVID-19.
 - Highlights how important food is and the City's leadership has been good in pulling City agencies....more community orgs need to be involved
 - Amazing pooling of resources (distribution sites, gardens, markets.)
 - So many aspects we take for granted (under appreciation and harm to food systems workers)
 - We should adopt a ess siloed approach to connect with issues like worker movements.

Breakout Session #8 - Dwayne

Garden of Ideas/Questions/Problems for another time:

1-2 sentence summary:

Reimagining the future through the lense of equity. Looking at food justice initiatives, democratizing access to city resources. Calling attention to harm in food system, risk to food workers, need to be connected to more issues like workers movements.

Breakout Session #9 - Molly

- We are/can get to the root by...
- We are/can collaborate across the food system by...
- We are/can plant seeds for a more just PHL by...
- Coralee: sense of overwhelm; systemic oppression, and overwhelm of information. NEw guidelines on how to interact.
- Amanda: focus on food access for matching families that need food with food; loss of income to pay for food. AT some point, money will flow to local government to employ people how do people get those jobs to support immediate needs and support medium-term impacts.
- Nour: definitely a valid concern not as much communication about what's needed now. Information; showing the importance of needing technology. Students dropping off because they don't have the resources. Even this meeting today - there are links, but how does it get outside of the online space.
- Amanda: FPAC is a platform the threads are on a chronology. Some immedate, some longer out. Cluster conversations gravitating to
 points in time.
- Coralee: working with a group of volunteers for 9 days to organize sewing facemasks. Moving extremely fast, meeting every day. Addressing speed of decision-making facebook, personal networks. Meeting every day, utilizing Slack. Digital divide: thinking about equal access to the internet and all the ways we communicate.
- Amanda:block captains are a highly-local point of contact. Hyper-local infrastructure and well-regarded institution that has not been
 updated for 21st century needs, undertrained and under-operationalized, but key. What does that infrastructure look like? Built on
 real-relationships.
- Nour: would be interesting to know where this help is being centralized? What neighborhoods? Where to get more information? Focus on areas that need the most help.
- Falguni: info on where things are/gaps important; partners (large and small groups and individuals) chaos where to go to figure out who is doing what? Who to ask questions?

Breakout Session #9 - Molly

Garden of Ideas/Questions/Problems for another time:

Samuel: thinking about what can (and cannot live in an alkaline environment), and potential remedies. Looking at baking soda as a way to stop the spread of COVID-19

1-2 sentence summary: In addressing inequities in how Philadelphia deals with COVID-19, we have to think about who gets access to information, and where and how they get it. FPAC can be thinking about how digital, non-digital (blockcaptains!), aggregated, and neighborhood specific information can help people immediately and help them prepare for the medium-term results.

Next Steps

Fill-out post survey by Friday 4/3



- Use matchmaking website **Needs** and **Can Offer**
- Check out the resources folder: 4.1.20 FPAC General Meeting Resources
- **Get involved with FPAC**
- Attend an upcoming subcommittee meeting
 - Anti-Hunger: 3rd Tues of every month from 3-4:30pm (4/21)
 - Workforce + Economic Development: 4th Tues of every month from 5-6:00pm (4/28)
- If you are financially able, give to relief funds supporting the people most impacted, for example: **Domestic Worker Relief Fund**

Thank you!

Fill-out post survey by Friday 4/3



Text COVID-19 to 888-777 for updates from the City





Resources

- ROC Resources Page
- CRSH: Philadelphia Coalition For Restaurant Safety & Health
- Comcast is offering free internet for 60 days. and \$10 a month after 60 day period. <u>https://internetessentials.com/</u>
- Online Psychiatry Resources
- Online AA Resources
- Image used in slides, can be used for free for your movements
 - Care Package #1 Justseeds
 - Care Package #2 Justseeds

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